

# WELCOME TO THE MOUNT Macedon PRIMARY SCHOOL NEWSLETTER

Issue 1 Tuesday 4<sup>th</sup> February 2025

## TABLE OF CONTENTS

Page 2-3 [Message from the Principal](#)

Page 4 – [Year 6 Student Reporters](#)

Page 5 - [Wellbeing](#)

Page 6 – [FOS](#)

Page 6-7 – [Community News](#)

Keep an eye on  
these dates for  
any changes.

Any changes will  
also be reflected  
on Compass

## Important Term Dates

### February

7<sup>th</sup> - FOS Welcome BBQ

10<sup>th</sup> & 11<sup>th</sup> – Meet the Teacher Interviews

14<sup>th</sup> Whole School House Swimming Carnival

25<sup>th</sup> District Swimming (selected students only)

### March

3<sup>rd</sup> – Year 6 Leadership Conference

6<sup>th</sup> – Whole School House Athletics Carnival

10<sup>th</sup> – Labour Day Holiday

11<sup>th</sup> – 14<sup>th</sup> – Dental Van Visit

11<sup>th</sup> Division Swimming (selected students only)

14<sup>th</sup> FOS Colour Run @ 3pm

1<sup>th</sup> – Year 3-6 House Cross Country

25<sup>TH</sup> – District Futsal Day 1

**31<sup>st</sup> – SCHOOL PHOTO DAY**

### April

1<sup>st</sup> – District Futsal Day 2

4<sup>th</sup> – Last Day of Term finish at 2.30

# A Message from the Principal

Hello everyone,

This newsletter, and my report in particular, contains quite a bit of information regarding Compass and the services we will be using it for. I have endeavoured to make sure the instructions are as simple as possible but would love to hear feedback if you are finding anything particularly difficult or confusing.

Bushfire Preparedness: As MMPS is a Category 1 Bushfire At Risk School (BARR-1), we have very detailed and considered bushfire preparedness plans. One of these plans includes relocating to Romsey PS on days of forecast Extreme weather. I receive these forecasts directly from the Department of Education's Emergency Management department and these can sometimes vary from what is publicly published. If a day is forecast to be Extreme you will receive an emergency text message from Compass and you will need to reply to the school mobile with whether or not your child will be attending school and relocating OR if you will be keeping your child home to enact your own bushfire safety plans. I am very aware of the nature of bushfire risk in Mount Macedon and fully support your decision to enact your own fire plans. We sent a test text message out last week and are still waiting on a few families to respond, if you could please make sure each person in your household that received a message could reply as soon as possible.

Meet The Teacher: We opened up the booking process for our Meet The Teacher interviews yesterday through Compass. You can access the booking form by clicking through to the 'Conferences' section of Compass. There are links on the 'Dashboard' if you're using a desktop browser or you can click on the 'more' tab at the bottom of your screen if using a mobile device. If you have any questions or concerns regarding this process, or any feedback in general, please do not hesitate to contact the school. As we move through our transition to using Compass, I'm sure there will be some things we can improve moving forward so please provide us with feedback when necessary.

Lunch Orders: Lunch orders are now available to order through Compass. We offer lunch orders on Mondays and Fridays this year. On Mondays you can order sushi and on Fridays we offer a lunch menu from the Trading Post. Orders are made through the 'Canteen' menu on Compass. On a desktop browser click on the 'Community' tab at the top of your screen (a little icon of two people) and then select 'Canteen' and follow the prompts. On a mobile device select the 'More' tab at the bottom of your screen, then select 'Canteen' and follow the prompts.

School Photos: School photos will be held on the 31st of March and your photo packs can now be ordered through Compass. You should have a notification when you sign in that will give you instructions on how to do this. We will not be sending home paper order forms this year.

Welcome BBQ: Our annual Welcome BBQ is this coming Friday from 5:30pm here at school. This is a great opportunity for new families to meet and greet and get to know others. It is also a great chance for a big catch-up post holidays. I hope everyone is able to come and enjoy the evening. There will be a BBQ, salads and icy

## A message from the Principal Cont..

poles provided everything else, including drinks, is BYO. Can't wait to see you all there!

Swimming Sports: Next Friday the 14th is our Swimming Carnival. We will be taking students down to the Woodend pool to compete in a range of swimming events. Our F-2s compete in Novelty events in the junior pool while the 3-6s are in the larger pool. It is always a lovely day of action so please feel free to join us there, if you're able to offer some time to help with timing, place giving or marshalling please notify us via the 'Events' page on Compass.

This was LOTS of information so please take the time to take as much of it in as possible but also refer back to it if necessary.

It's been so lovely seeing everyone settle back into school life so positively! We are very lucky to have such a strong and friendly community here at MMPS.

Many thanks, Joe.

# Year 6 School Reporters

Hello everyone,

We hope you all had a great first week back at school.

Coming up we have the school Swimming Carnival in about a week's time, so start practicing so we can win some races and get as many points for your house as possible. In March we will be having the School Athletics Carnival which is like the swimming carnival but instead of swimming we do races and the preps to year two's do fun games to earn their points for their house while the 3s to 6s do the 100, 200, 400 and 800 metre races, shot put, discus and long jump.

The classes in 2025 are a bit different this year. We have six instead of five classes, we have Preps, Year Ones, Year Two-Three's, Year Three-Four's, Year Four-Fives and Year Five-Sixes. The Three-Fours are in our STEAM room this year, and Art and Music will be in the Hall. The specialist this year will be a bit different also. We will not be having science and each term each class will miss out on one specialist activity.



*School captains - Mirra and Raphy*

This year our grade sixes each have a leadership role each, our school captains are Mirra N-L and Raphy C.

This year we will be doing a fundraiser called "growing up in 2025" we will be taking photos of all the students and saving them in a file and then at the end of the year taking a photo of them again and comparing how they've looked at the start of the year and at the end of the year and we will offer the parents to buy it for a certain donation of money to the school it's a fundraiser to buy new sports equipment.

🍔 This coming Friday (the 7th) we are holding our annual Welcome BBQ. There will be sausages, salads and Icy-poles provided for your enjoyment but all other things are BYO. It runs from 5:30pm onwards. EVERYONE IS WELCOME!! We hope to see you there!



By reporters Flora and Jasper



Branch out – We are working with the Macedon Ranges Shire Council to be part of the next roll out of the Branch Out Program.

## Exciting news for Mount Macedon Primary: Branch Out is coming to you in 2025!

Childhood is a thrilling journey filled with rapid changes and a whirlwind of emotions. To help our children navigate this pivotal time, we're thrilled to introduce Branch Out—a dynamic, evidence-based program designed to support our primary school students in achieving optimal mental health and well-being now and into the future!

### What is in store?

Through the innovative use of live theatre in collaboration with *Brainstorm Productions*, students will be presented with a wellbeing and resilience program called 'Being Brave'. This program equips our young learners with the tools to recognise and regulate their emotions as well as support others with taught positive coping strategies!

Offered by mental health clinicians from *Tuning in to Kids*, caregivers and teachers are also offered emotional coaching to help respond to their children's emotions and help foster their ability to regulate emotions themselves.

Branch Out takes a proactive and preventative approach to mental health, aiming to address challenges before they arise—setting our children up for success as they move into high school and beyond.

Let's come together to nurture the emotional wellbeing of our community!

## The first Tuning into Kids session for parents will be held on Monday the 17<sup>th</sup> of February at 7.30pm at Macedon Primary School.

This will be facilitated by Dr Christiane Kehoe and the Branch Out team.

For more information on the programs please see the links below.

[https://www.mrsc.vic.gov.au/Live-Work/Children/Branch-](https://www.mrsc.vic.gov.au/Live-Work/Children/Branch-Out#:~:text=Childhood%20is%20an%20important%20time,youth%20mental%20health%20and%20wellbeing.)

[Out#:~:text=Childhood%20is%20an%20important%20time,youth%20mental%20health%20and%20wellbeing.](https://www.mrsc.vic.gov.au/Live-Work/Children/Branch-Out#:~:text=Childhood%20is%20an%20important%20time,youth%20mental%20health%20and%20wellbeing.)

<https://tuningintokids.org.au/what-is-tuning-in-to-kids/our-programs/>

**Mt. Macedon Primary School**

✦ *Welcome* ✦

**BBQ**



**Friday 7  
February  
2025**

**Let the kids play, enjoy  
some food & relax.**

**BBQ Sausage Sizzle provided.  
BVO everything else.**

**5:30pm  
onwards**

# Community News

**MACEDON RANGES TENNIS COACHING**

**GAME! SET! MATCH!**



Term 1 2025  
Starts Tuesday 28<sup>th</sup> January

Multiple Locations  
Riddells Creek, Romsey, New Gisborne

HotShots, Group and Private Coaching, High Performance Squads

**FREE TRIAL LESSON\***  
\*NEW STUDENTS ONLY

[mrtc.scott@gmail.com](mailto:mrtc.scott@gmail.com)

0414 493 948

**ENROL NOW FOR 2025**

**SUMMER SHORTS ORIENTEERING**

All welcome, run, walk or stroll!

Join us for fun navigating and exploring local parklands

Distances 2.5km - 3.5 km

\$5 per participant  
Includes colour map and hire of timing stick



**WEDNESDAY EVENINGS** REGO from 6pm STARTS 6.30-7pm

- FEB 5th KYNETON Community Gardens - Clowes St
- FEB 12th MALMSBURY Botanical Gardens - Ellesmere Pl
- FEB 19th GISBORNE Aitken Reserve - Aitken St

Want to know more contact us at:  
[www.centralhighlands.weebly.com](http://www.centralhighlands.weebly.com)  
[centralhighlandsorientiers@gmail.com](mailto:centralhighlandsorientiers@gmail.com)

**YOUNG VOICES of MACEDON**

**COME SING WITH US ON THURSDAYS**

4:15 WELCOME  
4:30 - 6PM REHEARSAL

• Youth Choir with strong focus on musicianship and music education  
• Ages 5+

• Wide variety of styles from Classical to Contemporary  
• Many performance opportunities locally and with other choirs

Venue: House of the Rock  
247 Station Rd, New Gisborne

[yvmaqedon.org.au](http://yvmaqedon.org.au)

**JOIN US FOR OUR 2025 SEASON!**

Trials lesson at no cost

Kindly sponsored by  
Gisborne & District Community Bank Branch

Banking Bank  
**THE STOKES FOUNDATION**

**INFINITE SOUND**  
*School of guitar*



**HOW TO ENROL YOUR CHILD**

1. Visit [www.infilesound.com.au](http://www.infilesound.com.au)
2. Click the link titled 'Student Enrolment Form' at the top right of the Home Page.
3. Fill in the enrolment form.
4. Details will be sent within 48 hours.

*Engaging kids in a quality music education.*

*Encouraging creativity and self-expression.*

*Combining the learning of contemporary guitar music and traditional music notation.*

*Helping kids to focus on the discipline of practice and performance.*

1/2 HOUR GROUP GUITAR LESSONS HELD AT SCHOOL  
Lessons for students in Grade 2-6  
Group sizes 2-5 students  
Cost is \$210 per term (GST inclusive)  
Students receive a workbook of learning material (\$30)

Contact: Aaron Moar - Phone 0438177764, Email: [aaronmoar@infilesound.com.au](mailto:aaronmoar@infilesound.com.au)

**Victoria Police**  
Macedon Ranges PSA Neighbourhood Policing Forum

The Victoria Police Neighbourhood Policing Forum welcomes local services and community members to talk with police about what issues are important in your community.

The forum will explore topics including:

- Current crime trends and crime prevention
- Family violence
- Young people
- Road policing
- Drugs and drug related crime.

The Neighbourhood Policing Forum will be run by a Victoria Police panel and questions will be taken from the audience throughout the event.

Registration is a must.  
To attend, please register by sending your details to:  
[NHP-KYNETON@VIC.POLICE.VIC.GOV.AU](mailto:NHP-KYNETON@VIC.POLICE.VIC.GOV.AU)  
(PDF - Click to follow link) or scan the QR code.

To submit a question prior to the forum:  
[MACEDONRANGES.NHP.questions@VIC.POLICE.VIC.GOV.AU](mailto:MACEDONRANGES.NHP.questions@VIC.POLICE.VIC.GOV.AU)  
(PDF - Click to follow link) or scan the QR code.

**Event details**  
Date: Thursday 20<sup>th</sup> February 2025  
Time: 6:00pm - 9:00pm (Doors open 5:45pm)  
Location: Gisborne Mechanics Institute Hall, 8 Hamilton St, Gisborne VIC 3437

Scan here to register your attendance

**Got a question for police?**  
Scan the QR code to submit prior to the forum

**POLICING • PEOPLE • PARTNERSHIPS**

**MINDFUL GIRLS**

**A RESILIENCE BUILDING PROGRAM FOR GIRLS AGED 8-12 YEARS**

Is your daughter aged 8-12? Are you looking to support her emotional growth, boost her self-esteem, and enhance her social skills?

The Mindful Girls Program offers a unique space where girls can thrive in a nurturing and supportive environment.

2025 Term 1 Dates:

Mindful Girls Mondays  
Monday 10th Feb 4-5pm  
Monday 17th Feb 4-5pm  
Monday 24th Feb 4-5pm  
Monday 3rd March 4-5pm

Mindful Girls Thursdays  
Thursday 13th Feb 5-6pm  
Thursday 20th Feb 5-6pm  
Thursday 27th Feb 5-6pm  
Thursday 6th March 5-6pm

Location:  
52 Aitken Street, Gisborne

The 4-week program, consisting of one session per week, is available for a total investment of \$200 (\$50 per session).

**What Will Your Daughter Gain?**

- Practical coping skills
- Social connections and improved communication
- Fun activities that make learning about emotions engaging

**Emily Gascoyne is a registered Social Worker specialising in child and adolescent mental health. With extensive experience in helping young people build resilience, overcome anxiety, and develop strong self-esteem, Emily is dedicated to supporting your daughter's journey.**

0448 736 133  
[admin@thrivecounsellingervices.com.au](mailto:admin@thrivecounsellingervices.com.au)  
[@thrivecounsellingervices](mailto:@thrivecounsellingervices)  
[www.thrivecounsellingervices.com.au](http://www.thrivecounsellingervices.com.au)

**LAUNCH DAY** WJFNC



**MAVERICKS**

Player Appearances - Meet the Coaches - Jumping Castles - Sausage Sizzle - Registration Assistance  
Merch Sales + Labelling Service

**FREE ENTRY**  
11AM-1PM  
@ BUFFALO STADIUM

**SUNDAY 9 FEB**

# Yoga on the Mt.

Hello!

Hope you've all had a wonderful summer, where adventures, fun, rest and time connect unfolded.

For those of you I haven't had the joy of meeting, my name is Sarah and I have the privilege of sharing yoga.

Excitement is growing, as before school yoga beings again next week! With 2 practices a week there will be

- Monday practice will explore, Today I choose...
- Wednesday practice embraces a yoga adventure

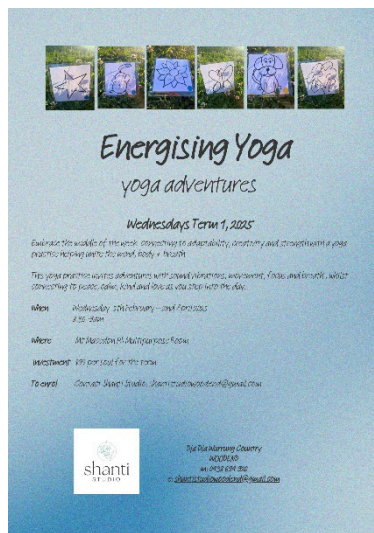
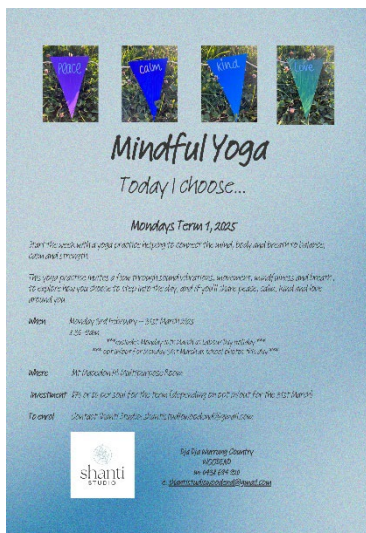
please see flyers for more info.

If you are interested, have any questions, or wish to enrol please connect though Shanti Studio

ph: 0438 694 920

email: [shantistudiowoodend@gmail.com](mailto:shantistudiowoodend@gmail.com)

With peace and joy, Sarah



## Acknowledgement of Country

Wominjeka, welcome.

At Mount Macedon Primary School, we would like to acknowledge the Wurundjeri people of the Kulin Nation, the traditional custodians of the land, where our school stands. The Wurundjeri people believe Bunjil the eagle, created the people, the animals, the land and the waterways. We are grateful that they cared for this land, and we commit to continuing its care and to learn and grow here with our kir-rip, friends. We pay our respect to Elders, past and present, and acknowledge their ongoing connection to biik, Country. Nagujin, thank you.

